



THE UUS NEWS

A DIVERSE SPIRITUAL COMMUNITY THAT TOUCHES
HEARTS, CHANGES LIVES, AND TRANSFORMS THE WORLD.

November
2018

Sunday Services

Services begin at 9:30 am, followed by a social hour

*What Does It Mean to Be
A Community of Memory?*

November 4th: "Stone By Stone,"

Rev. Diane Dowgiert

The oldest cathedrals in Europe took generations—sometimes even centuries—to build. The builders who faithfully laid each stone knew they would likely not see the finished product, and yet, they persevered. In our world of instant gratification, what lessons can we take from the cathedral builders of old?

November 11th: "Remembering Our Roots,"

Rev. Diane Dowgiert

This year, the Edict of Torda is 450 years old, a decree that authorized local communities in eastern Hungary to elect their preachers. The clarion sound of that decree still rings through our UU congregations today with a continued call to religious tolerance and freedom of conscience. Here at UUS, that call is kept alive through a partnership with Unitarians in the village of Janosfalva, Transylvania, Romania. Let us remember and celebrate the roots of our heritage and the partnership of today.

November 18th: "Memory and Tradition,"

Rev. Diane Dowgiert

So many memories are made around holiday tables. On this Sunday before Thanksgiving, we will gather as an entire multigenerational community and make a ritual of setting the Thanksgiving table, inviting all of us to consider the many Thanksgiving tables we have in our lives—all those places where we slow down enough to appreciate the gifts of life and to give thanks.

November 25th: "Sharing Our Memories Through Poetry," Susan Salterberg

Treat your mind, body, and senses to memories. You are invited to bring to this service a poem that speaks of memories of childhood, of loved ones, of favorite places, events, or objects. Or even of lost memory. As time allows, members and friends will read their poems to the congregation.

November Social Justice Offerings Benefit the Free Dental Clinic

For more than 20 years the Free Dental Clinic has provided basic free dental care for hundreds of uninsured people in our community. Currently there are 9 volunteer dentists, 3 part-time staff dental assistants, and a part-time staff hygienist. There are two to five dental clinics each week where patients make appointments to receive exams, x-rays, treatment plans, fillings, extractions, and hygiene care. Thank you for your continuing generosity.

Cash or checks to UUS (Free Dental Clinic on the memo line) can be given on Sundays, online through Realm, or mailed to the office. You can also text "GivetoUUSIC Offering \$--" to 73256.

Sunday Attendance

September 30th:	179 total:	140 service,	39 RE
October 7th:	160 total:	136 service,	24 RE
October 14th:	174 total:	135 service,	39 RE
October 21st:	201 total:	159 service,	42 RE

November Birthdays

<i>Dean Abel</i>	<i>Ruth Muir</i>
<i>Kris Canfield</i>	<i>Cecile Owings</i>
<i>Jeanette Carter</i>	<i>Emma Peterschmidt</i>
<i>Dixie Cassady</i>	<i>Paul Pomrehn</i>
<i>Rachel Clark</i>	<i>Jonathan Raley</i>
<i>Ernie Cox</i>	<i>Christina Randall</i>
<i>Kim Friese</i>	<i>Joscilynn Saltzman</i>
<i>Ava Su Gan-Wei</i>	<i>Alyssa Selmer</i>
<i>Gail Garwood</i>	<i>Margaret Street</i>
<i>Joel Gilbertson-White</i>	<i>Rai Tokuhisa</i>
<i>Michael Halloran</i>	<i>Rebekah Tokuhisa</i>
<i>Kathy Hotsenpiller</i>	<i>Hudson Turner</i>
<i>Kenn Hubel</i>	<i>George Verhage</i>
<i>Clare Lanaghan</i>	<i>Tova Vitiello</i>
<i>Judy Leavitt</i>	<i>Kirk Witzberger</i>
<i>Jane Miller</i>	

If you would like your birthday listed in the newsletter (or removed), contact dcl@uus.org.

Staff Reports



From Your Interim Minister's Study

As November arrives, the words of the hymn "Life Calls Us On" run through my head, words that inspired this year's Stewardship Campaign, words that are apt for times such as these. As I reflect on where things are with UUS and where things are with the world these days, I find I can't improve on something I wrote back in January of 2017. I would only update it to say that today we are confronted with continuous assaults on truth

and basic human decency.

If you are like me, the news these days is completely riveting. Each day brings revelation of new executive orders that unravel the fabric of some deeply held Unitarian Universalist values. It is a time when our emotions are likely to be all over the map—angry, enraged, scared, anxious, confused, overwhelmed, uncertain, sad, hopeless, defeated, determined, hopeful, resolute, emboldened, brave, strong—to name just a few. It can be hard to know where to put our energies when so much is happening so quickly and so much is at stake.

If you, like me, are trying to figure out where your resources of time, energy, and money can do the most good, please consider the church! Strengthening your congregation—your faith community—is an act of resistance. It is here that you will find shelter from the storm, comfort when you are weary, encouragement when you feel you cannot go on, and spiritual nourishment to sustain you for the long haul. It is here that we can discern which strategies and actions align with our faith values. And then, we can do them together!

At times like these, I am ever so grateful to be part of a faith tradition that has long stood against hatred and oppression by standing firmly on the side of love. From those who came before to affirm human worth and dignity by working for human rights for all, we can draw the strength and resilience needed now to resist the erosion of freedoms and rights we cherish as Americans.

If ever there was a time to strengthen the congregations that form our Unitarian Universalist Association, it is now. No matter how riveting the news may be, the work of the church must go on. There is worship to plan and lead, children and youth to be nurtured and educated in our principles and values, new members to be welcomed and invited into congregational life, buildings and grounds to be cared for, pastoral care for those experiencing difficulty, reaching out to the larger community in social justice actions, and bringing a moral voice to the public square.

Unitarian Universalists who came before us were part of resistance movements. They were leaders for positive social change. To continue this sacred heritage will take all of us working together, not for ourselves alone, but for a world that cries out for what we have to offer, which is the transforming power of love.

Life Calls Us On! —Yours in the interim, Rev. Diane Dowgiert

From Your Interim Transition Team

Listening Circle Opportunities

Reverend Diane has been active meeting groups and individuals from our congregation to gather information about the functioning of UUS. These meetings included past presidents of UUSIC, and heads of many committees. She was able to participate with the Board in a retreat to discuss roles and responsibilities during the interim period. The Interim Transition Team has been reading sections of the book "In the Interim" to better understand the transition process and how we can assist in the process.

She is now interested in having listening circles with interested UUS members. These will be small groups allowing members a chance to voice what they value from UUS. The number at each session will be limited so it will be necessary to sign up ahead of time using bit.ly/ListeningCircle. All sessions will be held at UUS (childcare can be provided—please indicate if this is needed when signing up to insure arrangements are made). The dates will be:

- Saturday, November 3rd: 10 to 11:30 am
- Tuesday, November 13th: 7 to 8:30 pm
- Wednesday, November 14th: 2:30 to 4 pm
- Thursday, November 15th: 10 to 11:30 am

From Your Director of Lifespan Religious Education & Director of Congregational Life

Adult World Religions Series

Starting this month, the Adult Religious Education program will be offering a series of forums to explore the core tenets and common misconceptions of several world religions, and UUS members will have the additional option to visit a neighboring faith community.

- November 11th: Peter Rubenstein will lead a forum on Judaism. Visit to Agudas Achim and conversation with Rabbi Hugenholtz to follow later in the month.
- December 9th: Marsha Cheyney will lead a forum on Paganism. Visit to the Winter Solstice Vigil on December 21st (at UUS).
- Coming in 2019: Forums on Islam, Buddhism, Hinduism, Christianity, and Indigenous Religions.

The forums are open to all, but you'll need to sign up for the visits in advance. Watch the weekly emails for more details.

—Jessica Zimmer and Peggy Garrigues

Stewardship Pledge Ceremony, November 4th

You are invited to a joyful celebration of our commitment to one another and the Unitarian Universalist Society. During the service on Sunday, November 4th, we will be asked to turn in our 2019 stewardship commitment cards as we pledge ourselves anew to our beloved community.

If you have already mailed in your card or made a pledge through Realm that is great. We will have symbolic cards you can place in the cauldron with the others. (If you did not receive a pledge card and brochure, please contact the office! Pledges will still be accepted after the 4th.)

Congregational News and Events

Covenant Groups

In October, groups considered what it means for UUs to be “A People of Sanctuary.” Sanctuary comes to us in many forms during our lives. It can be many things—a place, a community, a particular person, a type of experience. What functions as a sanctuary for you? Do you have different kinds of sanctuaries in your life? If you don’t, how can you go about finding one?

The Covenant Group program offers its members the opportunity to express their views and deepen their understanding of a wide range of issues while creating closer ties to other UUs. If this interests you, you can learn more about the program and how to join a group by contacting Jan Locher (354- 6260, locherj@mchsi.com).

Inquirer Sessions in November

Anyone who wants to learn more about Unitarian Universalism, our congregation, and our programs is welcome to attend an Inquirer Session after Sunday services, a series of orientation classes designed to introduce newcomers to UU values and history and offer opportunities to get involved with groups and activities within the congregation. Feel free to grab some refreshments and bring them with you to the Conference Room.

- **November 4th:** Tour of Building and Grounds
- **November 11th:** Intro to Social Justice Groups
- **November 18th:** Q&A w/ Rev. Diane
- **November 25th:** Realm Training

Land Ministry Update

Thank you to all of the volunteers, and especially to David Selmer and his crew, who helped to plant bulbs and prairie drop seed grass plugs October 13th. Dozens of bulbs have been planted and over 900 plugs of prairie drop seed, little blue stem, and side oats grama have been planted on the west side of the building between the front door and the playscape.

Bio Retention Cells: Two graduate students from the Civil and Environmental Engineering program at the University of Iowa will be monitoring our bio cells for a class project. They will do some testing on the water samples and compare the results to eventually determine how well water removal is actually occurring in the retention cell. They will also look at how much water goes in for certain rainfall events, where it comes from, and under what circumstances it may go into the overflow piping system. They will share their results with us.

Labyrinth: We are still hoping that work on the labyrinth, located south of the solar array, will begin this fall, but the weather has not been cooperating. Landscaping, which will be done in the spring, will include native flowers and bushes on the perimeter of the labyrinth.

Playscape: Work continues on the playscape area. The base and boulders for the sundial (across from children’s garden) have been installed. An accessible path on the south side of the building and through the playscape has been created. The peace poles and musical instruments (pedestal pipe, fungiphones and pebble harp) are temporarily set in the place. We are still waiting for delivery of the slide so that other work can proceed on that slope.

Landscaping near Solar Array: Due to the weather constraints and the projects taking place near the building, the landscaping around the solar array has been delayed until the spring.

UUS Board of Trustees Meeting, November 8th

The UUS Board of Trustees will hold their next meeting, open to all members, at 6:30 pm on Thursday, November 8th, in the Conference Room. Look for an agenda in the weekly email or on the website before the meeting.

Historical Records Committee, November 10th and 14th

The UUS Historical Records Committee collects, preserves, and organizes historical materials for both traditional and digital archives. We prepare information about UU heritage to be shared through articles, exhibits, and occasional special events. We will have our next business meeting on Saturday, November 10th, from 10:30 am to 12 pm. We will be meeting for a workday on Friday, November 14th, from 10 am to 1 pm in the Conference Room. All are welcome! Contact Diana Miller at history@uusic.org for more information.

Capital Campaign Donor Recognition Event, December 2nd

We will celebrate the generosity of all who contributed to our Capital Campaign on Sunday, December 2nd, following the service with brief remarks at 10:30 am and an unveiling of new art for the Fellowship Hall recognizing all our donors. A reception will follow. Please plan to join us!

Pastoral Care and UNI-Care as Sanctuary

This past month the UUS community was invited to contemplate the meaning of sanctuary in our lives. Joseph Campbell defined sanctuary as “Your sacred space . . . where you can find yourself again and again.” And, as we all learn, there are times in our lives when, according to the Beatles refrain, we can use “a little help from our friends.”

We often identify ourselves as a “caring community.” The UUS Pastoral Care and UNI-Care teams are here to offer support during challenging times. Don’t be shy about asking for companionship and comfort. Maybe just a phone call will help. Other times it may be the desire to have a quiet presence, just to listen. These constitute pastoral care. Sometimes support includes the need for meals to lighten the daily load during illness or after surgery, or possibly the need for a ride to any follow-up medical appointment. The UNI-Care Team exists to help with those needs. Don’t hesitate to ask for help.

*We need one another when we mourn and would be comforted.
We need one another when we are in trouble and afraid.
We need one another when we are in despair, in temptation,
and need to be recalled to our best selves again.*

Allow yourself the sanctuary of asking for help. Begin with a call to the UUS office (337-3443) or contact:

Your UUS Pastoral Care Team: Winnie Ganshaw, chair (pastoralcare@uusic.org), Jean Hood, and Paul Pomrehn

Your UNI-Care Team: Mary McMurray and Diane Martin, chairs (unicare@uusic.org).

Interest & Activity Groups & UUS Events

UUS House Ensemble Rehearsals, Thursdays in November

The UUS House Ensemble is rehearsing for Sunday services around the Christmas and Easter seasons. We will be rehearsing in the Fellowship Hall on Thursday evenings from 5:30 to 6:30 pm from November 1st to December 13th (we will not rehearse on Thanksgiving). Then we will commence rehearsals again in March 2019 prior to Easter.

New literature has been purchased and promises to be both interesting and a “little” challenging. Individuals will have the opportunity to select the part that compliments their skill level. Performance Sundays have not been selected as we will make those decisions as a group. Questions? Contact Gloria Corbin at music@uusic.org.

UUS Adult Choir Rehearsal, Thursdays and Sundays in November

The UUS Adult Choir rehearses weekly on Thursday evenings from 7 to 8:30 pm (we will not meet on Thanksgiving). The choir sings three Sundays of each month with one weekend off. On the Sundays when the choir sings, we gather in the sanctuary for a 9 am rehearsal before the 9:30 am service.

New singers are welcome! The choir is open to all singers (high school and beyond). No auditions or experience required. The choir sings in unison, two, three, and four parts (soprano, alto, tenor, and bass). If you haven't sung for some time or are questioning your skills, don't worry, we will find your voice placement once rehearsals have started. You will be welcomed with open arms. Questions? Give Gloria Corbin a call or send an email: 338-5012 or music@uusic.org.

CUUPs Ancestor's Ritual, November 3rd

Join the Owl Moon Covenant of UU Pagans (CUUPs) to celebrate and honor our Ancestors, Beloved Dead, and Mighty Dead with a feast on Saturday, November 3rd, in the Fellowship Hall. We will part the hedge, the threshold between our world and the one our beloveds who have passed occupy, then offer blessings, request boons, and invite our beloveds to join us for a meal.

Plan to arrive promptly at 6 pm and bring a dish and serving utensils to share (for 12 or more servings), a pre-written list of ingredients, and a beverage, either alcoholic or non-alcoholic, to share (optional).

A litany of our beloveds will be read during the ritual. Please also bring a representation or remembrance of one or more of your Ancestors, Beloved Dead, Mighty Dead. This could be an item, or a photo or art in a standing frame. (These will be placed on an altar and returned to you at the end of the gathering.) Once the ritual begins at 6:30 pm, the building doors will be locked to ensure continuity of the ritual.

Kindly RSVP with the number in your party and your list of names to be read during the ritual to cuups@uusic.org by Thursday, November 1st.

Friends of Friends November 4th

Friends of Friends is a support group where people with a disability and their friends and caregivers can swap stories and share coping skills. We will meet on Sunday, November 4th, at 11 am in the Hickory Room. To learn more, contact Michael and Rochelle Honey-Arcement at accessibility@uusic.org.

Kiirtan, November 5th

The next Kiirtan will be held on Monday, November 5th, from 6 to 7 pm at the Sycamore Rooms in the basement of Acupuncture of Iowa (2412 Towncrest Dr). Kiirtan is a combination of music and spiritual practice—it is the chanting or singing of a certain phrase that is charged with meaning. Kiirtan uplifts the spirit, calms the mind, and opens the heart. It is a wonderful prelude for meditation and a good practice in its own right. It can be combined with a variety of instruments (we'll start out with guitar) and also with dance. Done within a group of people, powerful healing energy is generated. For more information, contact Andy Douglas at kiirtan@uusic.org.

Buddhist Sangha, Mondays in November

The Sangha gathers almost every Monday evening at 7 pm at Oaknoll for silent meditation and discussion of contemporary Buddhist teachings. We are currently discussing the book *being zen, Bringing Meditation to Life* by Ezra Bayda. To find out more, contact Cindy Spading (buddhistsangha@uusic.org).

UUS Community Meal, November 7th

We're hosting a series of suppers for all members, friends, and families of UUS that will offer casual dining at its best with meat, vegetarian, vegan, and gluten-free options. Community Meals are planned for the first Wednesday of each month through December 2018, at 6 pm in the Fellowship Hall. Don't miss this monthly chance to get out of the kitchen and get to know each other a little better! There is no set charge, but donations are always welcome. RSVP and let us know if you can help with cooking, setup or cleanup: bit.ly/UUSCommMealNov November's meal will be classic comfort food—beans and rice.

CUUPs Food for Thought, November 9th

Join the Owl Moon Covenant of UU Pagans (CUUPs) for a potluck and discussion on a pagan topic on the second Friday of each month at Marsha Cheyney's home! In November we'll be talking about “Navigating the Holiday Season.” We'll gather at 6:30 and begin dinner at 7, with the discussion to follow. Contact Marsha Cheyney at marshacheyney@gmail.com with questions and to get directions.

UU Book Discussion Group, November 12th

The UU Book Discussion Group will meet next on Monday, November 12th, at 7:30 pm in either Meeting Room A or B of the Oaknoll George Street building. The November selection is *Educated: A Memoir* by Tara Westover. You can start reading our December selection which is *The Orchid Thief* by Susan Orlean. Lists of our selections for this year are available on Realm or at our monthly meetings. If you have questions, contact Mary Lou Welter at 354-1231, bookgroup@uusic.org, or post in the Realm group.

CUUPs Cookie Exchange, November 14th

Join the Owl Moon Covenant of UU Pagans (CUUPs) for a quarterly craft-night. This quarter we'll gather in the UUS Kitchen on Wednesday, November 14th, from 6:30 to 9 pm for a Cookie Exchange!

Bring your favorite cookie recipe and the ingredients. We'll all bake cookies, then take home some of each kind. Maybe we'll even stir in a little magic. Optional items to bring: additional mixers, bowls, cookie sheets, and cooling racks to supplement what we have in the Society kitchen. We'll have beverages and other snacks (so we don't eat all the cookies!). Don't forget a container to take cookies home with you.

No childcare will be provided, but children over the age of 8 are invited to attend and participate. Arrive at 6:30 pm to greet other participants; a grounding ceremony and craft instructions will begin at 6:45. Please contact Dawn Marshall at materursasum@gmail.com or 430-1338 if you have questions.

UUS Board Game Club, November 9th

Join us for an evening of gaming on Friday, November 9th, from 6 to 9 pm in the Fellowship Hall. Administrator Emma Barnum will share her collection of modern board games. She has a wide variety of games with different learning curves and accessibility levels, and we can find something we'll all enjoy. If there's something specific you'd like to play, by all means bring it! There will be no childcare for this event, but older children are welcome to join. Bring a snack or nonalcoholic drink to share if you'd like—we'll bring Costco pizza to share! RSVPs on our Facebook event are appreciated, but not required. You can also contact Emma (admin@uusic.org), who can take your RSVP, answer your questions, or provide you a full list of her games.

Dances of Universal Peace, November 18th

Participants will gather in the RE Commons at 3 pm for chanting and simple folk dance movements honoring various religious traditions. These prayerful, heart-opening dances create a sense of inner peace and foster connections between people. No experience is needed. All are welcome to attend. Contact Virginia Melroy (338-1778 or dancesofpeace@uusic.org) if you have questions.

CUUPs Learning Circle, November 18th

Join the Owl Moon Covenant of UU Pagans (CUUPs) for a monthly Learning Circle. In November we will meet on Sunday the 18th from 3 to 5 pm in the Fellowship Hall and discuss the topic "Kitchen Witchery." Contact Marsha and Dawn at cuups@uusic.org with questions.

UUVC Ethical Eating Class, November 18th

The UU Vegetarian Community (UUVC) is sponsoring a free monthly class for those who are interested in exploring a whole-food, plant-based lifestyle. It will draw on the UUA's Ethical Eating curriculum. Join us at 3:30 pm in the Hickory and Oak Rooms each month before the UUVC "Plantluck." In November that will be Sunday the 18th. Reservations are required; contact Carol Throckmorton (vegcommunity@uusic.org or 337-3030) if you would like to participate.

UUVC "Plantluck," November 18th

The UU Vegetarian Community (UUVC) will enjoy a Thanksgiving "plantluck" on Sunday, November 18th, from 5 to 8 pm in the Fellowship Hall. Please bring a favorite vegan holiday-themed dish for 8-10 servings along with the recipe and your own reusable/recyclable table service and beverage. Everyone is welcome. Contact Carol Throckmorton at 337-3030 or vegcommunity@uusic.org for questions.

UU Grief Group, November 21st

The UU Grief Group (UUGG) meets the 3rd Wednesday of each month from 12:30 to 1:30 pm in the Oak Room at UUS. The group is open to those mourning the loss of a family member or friend. We provide a safe and supportive environment where you can talk about your loss confidentially to other UUs who have also experienced loss. You may come away from the group feeling more reconciled about your loss or with helpful ideas about how others are handling their grief. The group is led by Gail Garwood. While you do not need to pre-register, it is always nice to hear from you if you think that you may want to join us. Gail can be reached at griefgroup@uusic.org.

CUUPs Earthbeats, November 30th

Join the Owl Moon Covenant of UU Pagans (CUUPs) for Earthbeats, a drum and chant circle in the Sanctuary on Friday, November 30th, from 7 to 9 pm. We will be meeting monthly alternating between the afternoon on the 3rd Sunday and 7 to 9 pm on the 4th Friday of every other month. Contact Marsha and Dawn at cuups@uusic.org with any questions.

Family's Night Out, December 7th

On Friday, December 7th, from 6 to 9 pm, drop the kids off at UUS for a holiday pajama party while you enjoy an evening out! Put the kids in their favorite PJs and have them bring a pillow and blanket. We'll provide dinner, a movie, games, snacks, and holiday crafts. This is your chance to do some holiday shopping or just have a quiet night off. This event is open to UUS families—registration is required. Email Jessica Zimmer (education@uusic.org) with any questions, or register at bit.ly/UUSFamilyNightOut2018.

Girls' Night Out takes a Holiday/Winter Break

Girls' Night Out (GNO) will not meet during November and December because the Thanksgiving/Christmas/New Year's holidays fall during the 4th week (or very close to the 4th week), which is our normal meeting time. We also will not meet during January—making the assumption that it is in the "dead of winter" and people want to stay home. We plan to resume our monthly meetings in February.

Justice News and Events

Social Justice Coordinating Committee (SJCC)

CRC Winter Clothing Distribution Report

Our congregation was one of many participating in the annual Consultation of Religious Communities (CRC) event providing warm clothing for needy families. We collected and sorted donations and assisted with distribution at Community of Christ Church in Coralville, which served over 500 individuals on Saturday morning, October 13th. (A total of about 1400 people received clothing at three different sites.)

A number of UUs brought clothing items to our building. Thank you to them and to the great workers who volunteered at the site on Thursday, Friday, and/or Saturday: Jane Slaymaker, Marcy Neumann, Carol Nordquist, Julia Wasson, Jenny Reynolds, Sara Curtin-DeLara, and Gay Mikelson. Snack providers for the guests were Diane Martin, Ann Moran, Gay Mikelson, and Renee Speh.

Next SJCC Meeting, November 13th

Our meetings are informal and fun, and we welcome new faces and ideas. Meetings are held the second Tuesday of the month, with the next meeting scheduled for November 13th at 7 pm in the Conference Room. Join us! All are welcome! Contact socialjustice@uusic.org to get more information about the committee.

2018 Offering Contributions to Community Partners Update

(previous months reported in July newsletter)

June - Neighborhood Centers	\$1,950
July - Table to Table	\$1,900
Aug. - Free Medical Clinic	\$2,200
Sept. - Emma Goldman	\$2,200

Vegetarian Community Food Drive

During November, the UUS Vegetarian Community is sponsoring a "Thanksgiving of Compassion" food drive to benefit the Coralville Food Pantry. Please place your donations in the container located near the front entrance any time between November 3rd and 28th. Here are suggested items: Nut butters (peanut, almond, sunflower), canned fruit and 100% juice, canned vegetables, beans (canned and dried), rice, and pasta. Also needed are baby diapers, formula and food, laundry detergent and bathroom tissue. (No glass containers, please.) If providing a financial donation, please place a check designated for the Coralville Food Pantry in the Sunday offertory basket or leave it with the UUS office staff.

UUS Racial Justice Circle, November 4th and 18th

The Racial Justice study/ACTION Circle (RJC) will meet on the first and third Sundays of November from 11 am to 12:30 pm in the Oak Room of UUS. RJC is UUS's next step to visibly and responsibly answer the call from communities of color to stand and act in solidarity for racial justice. The group's work includes critical reflection and discussion in conjunction with the development, implementation, and evaluation of actions that emerge out of our discussions. Please join us as we collaboratively build our vision to effectively engage in racial justice efforts in our community. If you have any questions, please contact Dave Martin and Peg Bouska at racialjusticechair@uusic.org.

Green Sanctuary Committee, November 6th

The Green Sanctuary Committee invites you to join us from 5:30 to 7 pm in the Conference Room the first Tuesday of each month as we collaborate on ways to live our 7th Principle (respect for the interdependent web of all existence of which we are a part) in the life of our church community, in our personal lives, and in our world.

UU Free Lunch Program, November 9th

The mission of the Greater Iowa City Free Lunch Program (located at 1105 Gilbert Court) is to provide free, hot meals six days a week to any community member who needs them. The guiding principal of respect and hospitality is as much a part of the program as the hearty, hot meals. UUS supports the program by sending a group of volunteers to prepare, serve, and clean up on the second Friday of each month. If you want to join our team, email Carmen Griggs at csgriggsiowa@gmail.com. Our next service date is Friday, November 9th, at 11 am.

On Friday, October 12th, 30 dedicated UUS volunteers served lunch to 156 Free Lunch Program guests. The main dish was Shepherd's Pie which one guest described as "awesome!" Side dishes included cooked vegetables, vegetable salad, fresh fruit, a variety of desserts, and beverages. Another guest thanked us for the "lovely balanced meal."

Recently, we have had difficulty getting enough volunteers to prepare main dishes. We are asking UUS Covenant Groups to consider preparing a main dish as a service project. Another idea is for individuals to donate a main dish purchased from a local grocery store or restaurant. Sometimes friends chip in together. If you are interested, please contact Carmen Griggs at the above email address.

UUS Folk Concert to Benefit Uptown Bill's, December 8th

UUS and the Extend the Dream Foundation will host a fundraiser for Uptown Bill's on Saturday, December 8th, at 7 pm in the Sanctuary. Suggested donations of \$20 or more will be taken at the door, where attendees can also order one of Uptown Bill's famous shakes, vanilla, chocolate, or strawberry, for \$5 (to be served during intermission). Folksinger-songwriter and frequent "A Prairie Home Companion" guest Dave Moore will headline the concert, along with Al Murphy, the area's foremost country fiddler and member of "The Burlington Street Bluegrass Band" and his wife, Aleta, as well as "Pennies on the Rail," a band frequently featured on Saturday nights at Uptown Bill's.

Uptown Bill's, named after the late Bill Sackter and located at 730 S. Dubuque St., Iowa City, is a coffeehouse, used bookstore, and gathering place that strives to nurture and encourage individuals with disabilities. With the help of many volunteers, it provides employment and micro-enterprise opportunities for individuals with disabilities. It also provides a venue for musical groups and budding authors, artists, and musicians. Access2Independence and Combined Efforts provide arts classes there, and many support groups use the space as well. It is a space for people of all abilities to work, play, listen, and create in a safe and comfortable environment. Uptown Bill's also operates radio station KICI at 105.3 FM and sponsors a local television program focused on disabilities awareness in cooperation with PATV (channel 18).

Unitarian Universalist Society Board of Trustees MEETING HIGHLIGHTS – October 11, 2018

Board meeting minutes are made available on the website or can be requested from the UUS administrator.

Present: Jane DeWitt (President), Jim Laughlin (Past-President), Amy Fretz (Vice-President), Chris Rode (Treasurer, participated via conference call), Peg Voelker (Secretary), Sara Feldmann (Trustee), Michael Honey-Arcement (Trustee), Paul Pomrehn (Trustee), Colleen Higgins (Trustee), and Rev. Diane Dowgiert (Ex officio Interim Minister)

Guests: Deb Schoelerman and Miriam Kashia (Green Sanctuary)

Board President DeWitt called the meeting to order at 6:32 p.m. Voelker provided opening words followed by the chalice lighting and a brief check-in by Board members.

Consent Agenda & Announcements: Consent agenda and other items are uploaded to Dropbox for Board review prior to the meeting.

Consent Agenda items: Board Agenda; October Executive Committee Minutes; September Board Meeting Highlights & Minutes; Minister's Monthly Report; Treasurer's Report, Financial Statements, DLRE Staffing Explanation and 2019 Draft Budget; Staff Relations Committee report; and UUS Building Security Task Force Charge Draft (Emma Barnum).
Other items: UUS June-July Music Proposal; IIPL Chapter Approval Request (Green Sanctuary); and Board Start-up Workshop Minutes Draft (Voelker).

DeWitt highlighted the following upcoming events: October 14th – posters listing the groups and individuals whose volunteer efforts help UUS's new facility become a reality will be in the Fellowship Hall; October 27th – "An Evening with Walt Whitman" starts at 7 p.m.; and December 9th – Congregational Meeting. She also noted that the Process Observer (PO) now has the additional role of noting all tasks assigned during the Board meeting. During the PO comment period, each member will outline their assignments and then the PO (and/or other members) will identify any not mentioned.

DeWitt lifted the Treasurer's Report, DLRE Staffing Explanation, and 2019 Draft Budget from the Consent Agenda. The Board received the Consent Agenda and approved the Executive Committee meeting minutes and September Board highlights and minutes.

June-July Music Proposal from Gloria Corbin: The Board received a proposal from Gloria Corbin, Music Director asking that she be approved to work 5 hours per week during June and July (40 total additional hours). Her current contract is for 15 hours per week from August through May. She states that extending her contract to include June and July would allow time to plan for the forthcoming church year, engage and organize special music for June, July and early August and work with the summer accompanist. Treasurer Rode reported the budget implications. There was universal agreement that Corbin's contribution to UUS is appreciated and valued. Likewise, her proposal is well reasoned. However, it must be considered within the constraints of the 2019 budget. Therefore, a decision on this proposal will be made during the 2019 budget finalization process.

Iowa Interfaith Power and Light Proposal: Miriam Kashia and Deb Schoelerman, representing the Green Sanctuary (GS) committee, provided an overview of Iowa Interfaith Power and Light (IIPL), noting that UUS's GS has been a member of IIPL for several years, and benefited from its programs. IIPL is currently in the process of starting a formal chapter in our local community and GS would like for UUS to be a Charter member of that chapter. GS is requesting that the Board officially endorse our membership in IIPL as a participating member of its local chapter, with a vote of support and by completing the Congregational Covenant. *The Board unanimously supports Green Sanctuary's involvement with IIPL as a representative of UUS and authorizes a UUS representative to sign a Congregational Covenant with IIPL.*

2019 Draft Budget Discussion: Rode reported that the Finance Council (FC) met Wednesday night and that it is clear that many hard decisions are needed to finalize the 2019 budget. Plus, it will be difficult to estimate the 2019 Pledge total until Mid-November. Rode shared a DRAFT 2019 budget which included four potential budget scenarios: Treasurer/FC Proposed, Fixed, Need, and Want. Among other things, the "Want" scenario includes the additional hours requested by Corbin and funds for additional Religious Education staffing. Dowgiert shared that the staff has asked for a meeting with the FC and suggested moving forward with that meeting.

There were no guest comments. Higgins provided closing words by singing a song. Fretz reported as Process Observer. The meeting adjourned at 9:00 p.m. The next Board meeting is Thursday, November 8, 2018, starting at 6:30 p.m. in the UUS Conference Room.

Submitted by Peg Voelker, Secretary

The UUS News

The Unitarian Universalist Society
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Mission: We are a diverse spiritual community that touches hearts, changes lives, and transforms the world.

Vision: Our vision is to be a loving, inclusive, and growing spiritual community. We celebrate life and a liberal tradition that leads social justice work, heals the earth, and nurtures the lifelong journey of mind and spirit.

UUS Calendar for November 2018

A- Atrium
C- Conference Room
CW- Church-Wide

FH- Fellowship Hall
G- UUS Grounds
H- Hickory Room (Sr. High)

J- Juniper Room (Pre-K)
K- Kitchen
M- Maple Room (3-4)

N- Nursery
O- Oak Room (Jr. High)
R- Redbud Room (1-2)

REC- RE Commons
S- Sanctuary
W- Walnut Room (5-6)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>28 9:30 AM Service (S) 10:30 AM Social Hour (FH) 10:40 AM Inquirer Session (C) 11 AM Racial Justice Circle (O) 3 PM "Harmony & CommUUniTea" Concert and High Tea (S&FH)</p>	<p>29 7 PM Buddhist Sangha (Oaknoll)</p>	<p>30</p>	<p>31</p>	<p>1 5:30 PM House Ensemble Rehearsal (FH) 7 PM Adult Choir Rehearsal (S)</p>	<p>2</p>	<p>3 6:30 PM CUUPs Ancestor Ritual (FH)</p>
<p>4 9:30 AM Service (S) 10:30 AM Stewardship Celebration (FH) 11 AM Friends of Friends (H) 11 AM Racial Justice Circle (O)</p>	<p>5 6 PM Kiirtan (Sycamore Rooms) 7 PM Buddhist Sangha (Oaknoll)</p>	<p>6 5:30 PM Green Sanctuary Committee (C)</p>	<p>7 6 PM UUS Community Meal (FH)</p>	<p>8 5:30 PM House Ensemble Rehearsal (FH) 6:30 PM Board of Trustees Meeting (C) 7 PM Adult Choir Rehearsal (S)</p>	<p>9 11 AM Free Lunch Program (1105 Gilbert Ct., IC) 6 PM UUS Board Game Club (FH) 6:30 PM CUUPs Food for Thought (Marsha Cheyney's home)</p>	<p>10</p>
<p>11 9:30 AM Service (S) 10:30 AM Social Hour (FH) 10:40 AM Inquirer Session (C)</p>	<p>12 7 PM Buddhist Sangha (Oaknoll) 7:30 PM UU Book Discussion Group (Oaknoll)</p>	<p>13 7 PM Social Justice Coordinating Committee (C)</p>	<p>14 10 AM Historical Records Work Day (C) 6:30 PM CUUPs Crafts and Handwork Social (FH)</p>	<p>15 5:30 PM House Ensemble Rehearsal (FH) 7 PM Adult Choir Rehearsal (S)</p>	<p>16</p>	<p>17</p>
<p>18 9:30 AM Service (S) 10:30 AM Social Hour (FH) 10:40 AM Inquirer Session (C) 11 AM Racial Justice Circle (O) 3 PM Dances of Universal Peace (REC) 3 PM CUUPs Learning Circle (FH) 3:30 PM Ethical Eating Class (H&O) 5 PM UU Vegetarian Community "Plantluck" (FH)</p>	<p>19 7 PM Buddhist Sangha (Oaknoll)</p>	<p>20 12 PM November Newsletter Submission Deadline</p>	<p>21 12:30 PM UU Grief Group (C)</p>	<p>22 Thanksgiving Office Closed</p>	<p>23</p>	<p>24</p>
<p>25 9:30 AM Service (S) 10:30 AM Social Hour (FH) 10:40 AM Inquirer Session (C)</p>	<p>26 7 PM Buddhist Sangha (Oaknoll)</p>	<p>27</p>	<p>28</p>	<p>29 5:30 PM House Ensemble Rehearsal (FH) 7 PM Adult Choir Rehearsal (S)</p>	<p>30 7 PM CUUPs Earthbeats (S)</p>	<p>1 5 PM Dinners for Eight (Member Homes)</p>

Find more events by visiting our website calendar (www.uusic.org/upcoming-events) or by signing up for our weekly emails (www.uusic.org/news/weekly-email).

Welcome to Our Newest Members Who Joined October 21st, 2018



Alan Brink and Sherry Mangold

Alan grew up in Kansas City and he has also lived in Washington, DC (where he went to the same junior high as Joan Jett), and Philadelphia—where he still has family. He came to the Iowa City area to attend U of I. Sherry grew up in Cedar Rapids, and joined the Army in her early 20's. She has lived many places both in and out of the Army. She found Unitarian Universalism in Augusta, Georgia, where she attended a small fellowship surrounded by huge Baptist churches. She now works at the VA Hospital. Sherry and Alan were part of People's Church UU in Cedar Rapids before coming here. They live with their dogs, Roscoe and Ella. Alan values the wide range of people part of UUS and our commitment to social justice. He would be glad to serve on committees and participate in environmental programs. In his free time, he enjoys bicycling and writing. Sherry appreciates the UU values of accepting all beings and caring for the planet. She is looking for community here and hopes to get involved in social justice, learning about nature, and learning about other belief systems. She enjoys reading, practicing yoga, drawing, and nature.



Alexandra Curtis

Alex was born and raised in Buffalo, New York. She moved to Iowa City to do graduate work in biostatistics. She first heard of Unitarian Universalism through friends of her parents. After visiting here, she kept coming back—everyone was welcoming, the services were inspiring, and the seven principles fit with her core beliefs. She appreciates that UUs welcome diverse religious beliefs and perspectives, and she values our involvement in the community. Alex is part of a hospitality team and also helps with the A/V equipment on Sunday mornings. She plays the viola and is looking forward to being part of the UUS string quartet. In her free time, she likes to garden, read, and go on bike rides.



David and Susan Kramer

David was born in Vinton, Iowa, and grew up in Rochester, Minnesota. After graduating from Gustavus Adolphus College, David moved to Iowa City to work at the University of Iowa Medical Laboratories and then moved to clinical research at UIHC. Later, he worked at the University of Iowa, primarily in clinical research. David values the seven principles, as well as the “living tradition” of wisdom and spirituality that draws from science, poetry, scripture, personal experience, and other diverse sources. David enjoys outdoor sports—fishing, biking, canoeing, kayaking, and cross-country skiing—and likes to travel and meet new people. He went to Guatemala with the UUS group in June, and he hopes to help here at UUS with gardening and landscaping. Susan grew up in Scottsbluff, Nebraska, and moved to Iowa to study physical therapy. She works as a physical therapist for Unity Point St. Luke's. After attending her mother's UU church in Nebraska several times, Susan came here seeking hopeful messages for the world, and wanting to join others working to make changes for the better. She appreciates a UU community where all people are accepted and welcomed. Susan is a biker and rode in RAGBRAI this year. She also enjoys quilting and working in their vegetable garden. Here at UUS, she and David lead a hospitality team. She is looking forward to taking part in social justice activities.



Laurie Neuerburg

Laurie works as a librarian at the University of Iowa. She was previously involved with the Unitarian Universalist Church of Victoria, Texas. She was motivated to come to UUS to find community and to connect with others involved in social justice. Her daughter, Micah, is six years old and regularly comes with Laurie on Sundays. Laurie began singing with the choir as soon as she arrived, and you will also hear her play her flute in services from time to time. Laurie values that Unitarian Universalists work to make the world more caring and compassionate for all people, animals, and the earth.



Mike and Pat Pavelich

Mike grew up in South Beloit, Illinois, then attended Notre Dame University. He had polio at age nine, which left him with a limp in one leg. Now that post-polio has set in, he uses braces and canes. Pat grew up in Buffalo, New York, then attended a women's Catholic college near New York City. Mike and Pat met in graduate school at SUNY-Buffalo, when they were both teaching chemistry labs to freshmen. For 30 years Mike was a chemistry professor at the Colorado School of Mines, while Pat worked for 18 of those years as an analytical chemist at the National Water Quality Lab in Denver. They had four children, one of whom lives here, so they moved to Iowa City as they retired.

Pat stayed with the Catholic Church for a long time but could no longer appreciate its dogma. She came here looking for a sense of community, spiritual enrichment, friendship, and a place to share her liberal beliefs. She values that all are welcome here. Pat is active on a hospitality team, is joining a covenant group, and wants to help with landscaping. She enjoys being with family, traveling, gardening, and bowling. Mike says the focus on how we live rather than a set theology is refreshing. He values that we are open to and encourage many ideas about theology. He also appreciates the warmth of the community and caring for those in need. He wants to be able to discuss stimulating ideas and contribute with others to outreach and community service. In his free time, he plays trumpet—which he began playing in 2006—and reads theological writings.



Mark Profit

Mark grew up in northern Virginia, outside of Washington, DC. He has also lived in London, Vermont, Quebec, Des Moines, and now North Liberty. He has previously been part of UU congregations in Fairfax, Virginia; Burlington, Vermont; and Des Moines. He is currently an IT Project Manager for CRST. He is attracted to being part of society of "seekers," and he values that the search is not based on preconditions. Mark is passionate about human rights, animal rights, the environment, and progressive causes—and enjoys volunteering to support them. He wears proudly the titles of "policy wonk" and "huge nerd" (titles given to him lovingly by friends). He plans to engage, listen, and enjoy the unique journey that comes from being a member of a Unitarian Universalist congregation.



Jenny Reynolds

Jenny was born and raised in Coralville and attended Regina Catholic School in Iowa City. She is a former art student and currently works at ACT in Institutional Services. Jenny came to UUS seeking a more spiritually robust life and a sense of community. She appreciates being accepted as she is, and she values that differences in opinion and religious belief are accepted and celebrated and that there is a focus on justice and equality for all individuals. Jenny is interested in earth-based spirituality and is an active participant in CUUPs gatherings. She hopes to continue sharing the journey of knowledge and learning about various beliefs and practices with others. Jenny lives with her husband, Andrew, and their cat, Hercules. She enjoys photography, mixed media art, weight lifting, hiking, and playing with cats.



Paula Sanan

Paula is a retired Registered Nurse, having been employed for many years in various health care areas, including public health and the emergency room. In addition to nursing, she has also worked as the coordinator of a child abuse prevention program and as a docent at the Minneapolis Institute of Arts. Paula and her husband, Omer, raised their three children and were quite active in the Unitarian church of St. Paul. Four years ago, the couple relocated to Iowa City to be near their grandchildren. Paula loves attending the services at the UU Society with her daughter, Alyssa Selmer and her family. She values the fact that UUs are tolerant, curious, non-creedal, and liberal. Her free-time activities include playing bridge, walking, playing tennis, reading, and keeping up with politics. She appreciates the wealth of new friends gained and the chance for so many learning opportunities that are available in Iowa City. She hopes to "jump right in" and become involved in some of the volunteer opportunities at UUS.