

# The UU News

The Unitarian Universalist Society of Iowa City  
Founded in 1841



January 2010      9:30 am to 12:30 pm    Child care is available for infants and toddlers through age four.  
9:45 am to 10:45 am    First Session Religious Education Programming  
11:30 am to 12:30 pm    Second Session Religious Education Programming

**January 2    *Self Culture: Our Life-Long Resolution to Live an Examined Life*      Peg Voelker**

Peg Voelker speak on how we as UU's are on a life-long journey to "cultivate" our souls. We seek Salvation by character, not through creed or solely God's grace. With discussion of spiritual practices; eg. solitude, time in nature, writing, reading, conversation and the need to work (deeds) toward a better world for all. There will be a remembrance ceremony for UUSIC members who have died in 2010. All will be invited to come forward and light a candle in the memory of a loved one who has died.

9:30 AM Service in the Sanctuary, No RE - Childcare provided  
10:30 AM Coffee and Conversation, Channing Hall

**January 9    *The Gospel According to Elvis*      The Rev. Benjamin Maucere**

Observing the 75th anniversary of his birth, we'll consider Elvis and his legacy.

9:30 & 11:15 AM Service in the Sanctuary  
10:30 AM Coffee and Conversation, Channing Hall  
10:45 AM Visitor Q&A, Fireside Room

**January 16    *Dream or Nightmare?*      The Rev. Benjamin Maucere**

A look at Martin Luther King Jr. and Malcom X, the good cop and the bad cop in the struggle for racial justice.

9:30 & 11:15 AM Service in the Sanctuary  
10:30 AM Coffee and Conversation, Channing Hall

**January 23    *100 Ways*      The Rev. Benjamin Maucere**

Strength for the spiritual journey.

9:30 AM Service in the Sanctuary  
10:30 AM Cinnamon Roll Sunday & Conversation, Channing Hall  
11:00 AM Congregational Meeting

**January 30    *New England Roots*      The Rev. Benjamin Maucere**

The story of Unitarian emergence and development in America

9:30 & 11:15 AM Service in the Sanctuary  
10:30 AM Coffee and Conversation, Channing Hall  
5:00 PM All-Covenant Pot Luck, Channing Hall

**JANUARY'S SOCIAL JUSTICE CONTRIBUTIONS HELP SUPPORT  
THE FREE DENTAL CLINIC**

The Dick Parrott Free Dental Clinic (named in honor of one of its founders) opened in 1995. Dentists, dental students, dental hygienists and dental hygiene students volunteer their time to provide: cleaning, filling cavities and tooth extractions. Care is provided to patients who do not have medical insurance.

Please give generously to help them continue their good work. Cash or checks to UUSIC (Free Dental Clinic on memo line) may be given during Sunday collections or sent to the office. Thank you!

**Sunday Attendance for December 5 through 26:**

December 5    208 total: 137 adults, 71 children & youth  
December 12    147 total: 86 adults, 61 children & youth  
December 19    178 adults, children & youth      WINTER FAMILY SERVICE  
December 24    98 adults, children & youth      CHRISTMAS EVE SERVICE  
December 26    60 adults, children & youth      WASSAIL SERVICE

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# From Our Minister

In the Interim . . .



Resolutions

Make 'em and break 'em. Isn't that how it usually goes? Vowing to make radical changes in our lives is usually just setting ourselves up for failure. And it's nothing new. Four-thousand years ago, the Babylonians were making New Year's resolutions. They believed that what one does on the first day of the year has an effect on the year to come. This suggests a fairly gentle approach to change. Rather than torture ourselves with all our shortcomings, we are invited to tend to the quality of the day itself!

I've also read that it is much easier to develop a beneficial habit than to change a negative one.

This year, my approach is to celebrate and continue good habits I'm already cultivating. Reading more scripture, for example, like the Norton Poetry Anthology. Last year I reported that I was up to the mid-seventeenth century. Well, now I'm up to Whitman! *Unscrew the locks from the doors!*  
*Unscrew the doors themselves from their jambs!*

Exercise is another good habit I'll continue. It's hard to work it into my day, but I feel so much better when I do!

I plan to persist in the habit of saying "thank you" — upon awaking, when I see or hear something that feeds my soul — light on the water, the laughter of a child, the wind in the trees, a dog looking up at its human companion with love and devotion. I vow to see more clearly; listen more intently, and love more fully.

I wish you and everyone at UUSIC a stellar 2011! And happy birthday!

Yours in faith,  
Benjamin



## UUSIC SNOW POLICY

As the unpredictable Iowa winter weather approaches, we've worked develop a safe and preemptive weather policy in the event it is dangerous to travel to Sunday services or other UUSIC events. When nasty weather approaches, we will make a decision by 6 PM on Saturday about holding Sunday services. If the weather is bad or threatening after 6 PM Saturday, please check these sources for information:

- check your email (if you receive our weekly allchurch emails)
- check the church website homepage at [uusic.org](http://uusic.org)
- monitor cancellation announcements at WSUI (910 AM), KSUI (91.7 FM), KCRG (channel 9)

In this case, no news is good news. So if there is no announcement, we will see you tomorrow in church!

If winter weather may interfere with an event Monday through Friday, we will announce the cancellation in the above places by noon.  
—Tyler Hanft, UUSIC Office Administrator

## BOARD HIGHLIGHTS, DECEMBER 16

Lenth introduced the first order of business, which was that the Board will generally not entertain motions on matters of policy that are brought up in the same meeting. Laughlin so moved; Otto seconded, and motion carried unanimously.

The Board next discussed a proposal submitted by Membership Chair Jean Reese for a quarter-time paid membership coordinator at \$9-\$12/hr, (\$4680-\$6,240 per year plus payroll taxes at a minimum). Discussion occurred. Several Board members indicated it is important to have a membership coordinator, but not with the current budget situation. Lenth indicated that UUSIC needs to follow its dreams, and that endowment funds could be used for a one year trial. The endowment is now at \$600,000. Another possibility is creating a starter fund. Maucere suggested a business plan be developed with specifics. Laughlin and Lindaman will talk with the membership committee about such a plan.

The Board then discussed the 2011 budget. Siefers began by addressing the 2009-2010 budget, indicating that the 2010 projected budget looks as though it will balance at year's end, but barely. Numerous adjustments were made on the 2011 budget, and the congregation will vote on this budget on January 23.

The board unanimously passed a motion to pay \$5,000 to UUA and Prairie Star District, allocated in proportion to our expected fair-share contributions.

The Board briefly discussed the disruptive behavior policy, but elected to defer most discussion until January after the Board reviews Laughlin's and Siefer's proposed changes.

The Board then discussed congregational input from the Open Forums, and planned the Dec. 18 retreat. The Board decided to hold the Congregational Meeting at 11 am on January 23, instead of at 12:30, at the suggestion of Deb Schoelerman.

Arnold Lindaman brought up the Green Sanctuary's request for a UUSIC policy for purchase of green cleaning supplies. Lindaman mentioned that sometimes these products don't clean as well, and are more expensive, and that UUSIC needs to get buy-in from the custodian. This will cause an increase in contract, which was covered in the budget discussion.

The consent agenda was passed. Otto provided closing words.  
—Steve Locher & Susan Salterberg

# Religious Education News

A little more than a week before our holiday service, someone asked me how the play practices were going. I acknowledged that we hadn't started yet, and our cast wasn't complete, but I wasn't worried. After all, this is the way it always is. With tight family schedules, we usually only have three practices. And after 22 productions of cutting it close, I've almost developed a reverence for the mystery of how just the right players sign up, even at the last minute, and how the chaos of our practices culminates miraculously into a very meaningful – I would say – religious experience.

Snow in Jerusalem was no exception. Only a day before the service, we lost one of our main players to a knee injury. He was replaced by his older brother – thankfully a quick study. Our snowflake operators (largely preschoolers and kindergartners) were having too much fun pounding the white cat with their flurries, and tangling up their flakes. The starring white cat, meanwhile, a youth with allergies and limited exposure to cats, was having difficulty getting her pounces and purring down – the latter sounding more like a hacking up of a fur ball.

But on Sunday, as we squeezed hands and sang “shalom my friends” in a pre-service moment, I knew everything would be just fine. More than fine. Yes, there were a few hiccups – lines lost, snowflakes tangled, staging forgotten – but we were in a flow in that service, caught by the spirit of the season. The sweet story of a Jewish and Arab boy unknowingly feeding the same stray cat, whose disappearance to have kittens eventually brings them together to work out their conflicting desires, and come to a peaceful resolution for all, seemed to touch many. Several said they liked it best of all the performances – well, until the next time.

In an earlier event, singing in a winter concert with Oakdale Prison Choir, I was caught again by the spirit of the season. The concert made no distinction between us, insiders and outsiders, as our voices melded and harmonized together – we were in a flow. Conversing after the concert, I was touched when hearing from insiders of how our weekly practices are the highlight of their week. It is ours as well, many of us said, as if just realizing. And isn't that what this season is about – reminding ourselves of what is meaningful, of gratitude and giving, goodwill on earth, peace to all, and a few clumsy snowflakes. Let it flow, let it flow, let it flow. —Lois Cole, Lifespan Director of Religious Education

## UPCOMING FAMILY & PARENT GATHERINGS



Join us for January's family gathering, the U of I vs. Ohio State Women's Basketball Game on Saturday, on January 8th. We will meet at 2:40 pm at the south entrance at the Carver Hawkeye Arena (game begins at 3 pm). The cost is adults, \$9, and youth \$5. This event is intergenerational and open to all. Children must come with a parent. Contact Meredith

Gall at 512-4044 with questions.

## CHILDREN & YOUTH COMMITTEE NEWS

December's festivities included our largest attended Hanging of the Greens. The evening was blessed with a Hanuka story and chalice lighting by the minister, followed by Liz Weinberg's tasty array of pastas. Then Gay Mikelson shepherded a crew of kindergartners and youth to lace the sanctuary with fake holly and pines, while Joe Brisben and his merry-makers commenced what would be three hours of strumming and carol singing. Sue Kann's tree decoration craft, sewn felted sweater scraps into wreaths, gathered many admirers. These and Lori Enloe's safari snowflakes, and other craft decorations, made for a stunning Channing Hall Christmas tree. Michelle Hosp drew a crowd at her craftmaking table of feather and sock toys for our Animal Shelter friends. Other CYC events this month included a family gathering and ice skating event at Coral Ridge Mall. Please note below our next family gathering on January 8th, an Iowa Woman's Basketball Game. Though we advertise these events as family gatherings, they are intergenerational and open to all.

Also this past month, our teachers congregated for the mid-term meeting, where we explored ways to make Religious Education less about education and more about meaning, heart and mystery – goals of even amusement parks and museums, as pointed out by minister Christine Robinson in her inspiring Berry Street essay *Imagineers of Soul*. CYC member Renee Spoh spoke to the teachers at the meeting about the new efforts of CYC to increase social opportunities for parents through family and parent gatherings, to help them develop meaningful church connections in their busy lives. —Renee Spoh



The Cast of *Snow in Jerusalem*



## Events & Committee News

### BOOK DISCUSSION GROUP, JANUARY 13

Make a resolution for the new year to come join the UU Book Discussion group. Our next group meets Monday, January 10 at 7:30 p.m. in the church library. *Half Broke Horses* by Jeanette Walls is our discussion book for January. You can start reading *Cutting for Stone* by Abraham Verghese as we will be discussing it at our February get together. There is no requirement to attend but a desire to discuss the book. If you have any questions about the group you can call me at 354-1231 or e-mail me at jayhawkeye@juno.com. —Mary Lou Welter

### FREE LUNCH, JANUARY 14

UUSIC has participated in the Free Lunch Program since the mid-80's and provides meals the 2nd Friday of every month. "An open door, a full plate, no questions asked". Thank you to all that contributed to December's Social Justice Contributions for Free Lunch. On Friday, December 10th there were many "unsung heroes" from our UUSIC providing a fabulous chicken dinner with baked potatoes, hot mixed vegetables, fruit and lettuce salads, cottage cheese, beverages, and desserts.

In January we will be providing the meal on Friday, January 14th. Please contact me if you would like to participate, especially with making a large pan of Turkey and Noodles as our main entree- I have the turkey, we just need the chefs! —Bonnie Penno

### SENIOR HIGH FUNDRAISERS, JAN. 21-22

You are invited to a very special dinner/fundraiser to be held January 21, from 6:00 to 8:00 in Channing Hall. In addition to raising immigration awareness, support our congregation's intergenerational social action trip to Guatemala in June. The menu includes a variety of dishes typical of Central America, including a very tasty chicken dish. The dinner will cost \$12.00 for adults and \$6.00 for children. For those of you who wish to help with the dinner, call Sally Hartman at 338-7870 or Deb Schoelerman at 351-2811 or e-mail them at sallyahartman@hotmail.com or dschoelerman@gmail.com.

Rick Huddle, storyteller and entertainer, will give a benefit performance on January 22, at 2:00 p.m. at the UUSIC. A professional storyteller from Portland Oregon, Rick has been compared to a Hoover vacuum cleaner because he "sucks you right in"! Expect a rollicking good time. Tickets are \$10.00 for adults and \$5.00 for children and youth. The performance is to support a Sr. High interfaith youth project to benefit free lunch. For advance tickets, call Sally Hartman at 338-7870 or e-mail at sallyahartman@hotmail.com

Not wearing some of the shoes in your closet? The Central Mayan Project, one of the organizations in Guatemala that will host us during our intergenerational social action trip, is called the Central Mayan Project, and is supported by the Davenport UU Church. The director of the project, Jeanne Nakamaru, has requested we bring gently worn shoes with us to Guatemala. We will have a box in a corner of the stage in Channing Hall for shoe donations. Children's shoes are especially welcomed! Gracias! —Sally Hartman

## CONGREGATIONAL MEETING, JAN. 23, 11AM

All members are asked to attend, if at all possible, the all-congregation meeting that will be held on Sunday, January 23 at 11:00 am (the second service will not take place that day). We will vote on the 2011 operating budget. In addition, we will discuss and distribute ballots for voting on a first step in deciding the future direction of our facility-related planning. The questions to be considered are:

1. Is our current building, in its present form (other than maintenance and essential remodeling), adequate for fulfilling our mission as we move forward 15-20 years into the future?
2. (Vote on this regardless of your vote on #1, in case the congregation decides "no".) Which of these three basic options is best, in your opinion:
  - a. Major remodeling/reconfiguration of our current site (including, perhaps, razing all or part of the current structures).
  - b. Build a new building in another location.
  - c. Out-of-the-box idea (at another site), such as re-purposing/remodeling an existing building, renting, sharing, etc.

We realize that these are very broad choices, but they capture the basic ideas and directions that have been discussed. Some congregation members are concerned about going into debt, and that is a major consideration in the first question; however even deciding "yes" on #1 would not immunize us from incurring large future costs in terms of major repairs, needed improvements to accessibility and climate control, etc.

The above choices will be discussed at the meeting, along with results of the board's discussion of these matters and the congregational survey now commencing. Ballots will be distributed (and absentee ballots will be also available from the office); and then there will be a two-week period after the meeting where we hope members will discuss it further among themselves before the ballots are due and collected. This will lead to subsequent discussion and voting on more focused proposals.

For the voting process, we will ask that completed ballots be enclosed in a privacy envelope with no identifying information, and then inside another envelope where the member is clearly identified. (Ballots not conforming to these criteria will not be counted.) They may be delivered or mailed before the deadline. In that way, secrecy can be maintained while allowing for verification that only voting members can vote, and only once.

—Russ Lenth

## STEWARDSHIP NEWS

Thanks to everyone who has turned in a pledge for 2011. We are still waiting to hear from some of you out there. It's not too late. In fact, it's never too late to begin a pledge or adjust it upward if the spirit moves you. Contact Tyler in the office to fill out a form. If you have any questions or concerns, please let me know. —Dave Martin

## MINISTERIAL SEARCH COMMITTEE UPDATE

It's December (as I write this) and the MSC has been busy looking at pre-candidates in this search process! After reviewing the ministerial records from 15 pre-candidates, we contacted 11 to ask if they wanted to exchange packets with us. The ministerial packets include much more information about the authors and include written sermons and other writing samples. Many include recorded sermons so we can listen (and sometimes watch). And it's amazing what one can find using Google!

The vast majority of the pre-candidates submitted electronic versions of their packets, which allows all of the MSC members to read (and reread) the packets at the same time.

After reviewing the pre-candidate packets, we narrowed down the list further for phone interviews. We began the phone interviews in early December and hope to finish up before Christmas. The interviews have gone very well and we've really enjoyed these initial conversations.

After checking references and comparing notes, we'll narrow down the list to the four we will invite for pre-candidate weekends in January and February. Those weekends give the MSC and the pre-candidates a chance to meet in person and learn much more about whether UUSIC is the right place to "settle". We'll also hear each one give a sermon at a neutral pulpit—churches where neither we nor they are known.

From that group, the committee hopes to select the one final candidate who will come to our church in late April or early May to meet the congregation and preach two Sundays. You will then be asked to vote during a congregational meeting to "call" the minister.

Until we announce the final candidate, we won't be able to give you specific information about the candidates, but we will be happy to talk to you about our progress in the search. Look for us in Channing Hall between services each Sunday.

There's still time to submit questions you want us to consider for the interviews during the pre-candidate weekends. You can send them to me (pete.brokaw@gmail.com) or talk to anyone on the MSC Sunday mornings. —Pete Brokaw

## SJCC - UUS WORKING TOGETHER

Thank you to everyone who participated in our Alternative Gifting Project this year. More than 70 gifts for children were donated and many people took gift tags for the agencies promoted at the SJCC Table. This generosity is one way that we share our good fortune with others.

In January the SJCC table will have information about immigration issues as we prepare for our Welcome Home Wednesday book discussion on March 9. The book *Death of Josseline* will be available for all who wish to participate in the discussion. We will also have information about the Sanctuary City proposal that will be brought before the City Council sometime in the next few months.

If you have books you'd like to give to a great book sale, bring them to the church and find the box on the stage. The annual Shelter House sale (begun by Trinity Episcopal several years ago) will be on Saturday, February 26.

SJCC meetings are held in the Fireside Room the second Monday of each month at 7:00pm. We welcome newcomers and visitors to our meetings. Come and join us on January 10th.

—Barbara Curtin

## BUILDING OUR FUTURE SURVEY

As many of you know, the Board has engaged the congregation in a discussion about our vision of the future and what building and facilities would best serve that vision. In this process we have conducted interviews with selected members and have had four open congregational forums. The Board is committed to coming to a decision with the congregation about this important issue in 2011.

The next step in the process of seeking congregational input is to conduct a brief survey (it's only three questions long) about the role of facilities, desirable characteristics in a facility, and our options for moving ahead. Please note that this is not a vote, but rather a mechanism to prompt people to think about facilities and get input from as many congregational members as possible. The survey is online at:

<https://www.surveymonkey.com/s/CD7YC7C>

If you are on the all-congregation email list, you should have received an email about this with a link directly to the survey. We do prefer that you take the survey online, if possible, since compiling and analyzing the results is much easier with a computerized instrument. However, if you do not have access to the internet, you may request a paper copy from Tyler.

Please plan to complete the survey by January 10, 2011. We're looking forward to hearing from you! —Sue Otto

## UUSIC ENDOWMENT GATHERING A SUCCESS

The endowment gathering at John Raley's home, even after re-scheduling, was a success. Light deserts were served and entertainment by the oldest son Jonathon playing his violin. This yearly event traditional held in the summer raised over \$2,200 so far. The endowment committee would like to thank those who could not attend for sending in a contribution. The committee remains committed to the oversight involvement in helping our society grow its endowment funds for the future. —John Raley

### JOYS AND SORROWS

Congratulations to Mary Losch on her September 4th marriage performed by Rev. Benjamin Maucere & Kyle Otterbein of St. Andrew Presbyterian.

Liz Weinberg is recovering at home after a fall that broke two bones in her ankle. Surgery on Dec. 27 was successful. Liz welcomes cards to speed along her recovery.

# PLEASE WELCOME UUSIC'S NEWEST MEMBER!



Lauralee Wilson

Lauralee Wilson is a caregiver who found us through Rick Bradshaw. She is new to Unitarian Universalism and values the openness of our church and its members. She is interested in becoming involved with us. Her main hobby is art. Joined 12/5/2010



## UUSIC MEMBER JOURNIES - JOHN HUDSON

The Diversity Task Force has asked the individuals who presented essays on their personal journey during the past Summer Sundays to condense them for the newsletter. These will appear over the next few months, and demonstrate the wide diversity in our UU congregation. The text below is from John Hudson.

"Truth, beauty, and goodness are my spiritual triad. I believe that salvation lies in their quest, and in the fulfillment of Abraham Maslow's "basic human needs." Evil [sin] is harm to others. What does this mean in daily life? I believe that good social arrangements are those that lead to the gratification of Maslow's basic human needs, and evil social arrangements are those that lead to the deprivation of those same basic human needs. I believe Maslow is correct in asserting that the same basic human needs exist in all cultures. Thus, we have an empirically objective basis for evaluating a situation without falling victim to cultural relativism."

Details concerning basic needs, and thoughts on the sacred and the secular, life after death, ultimate reality, and science & theory, can be found in John Hudson's complete homily at: <http://uusic.org/Sundays/SermonArchive/Sermons2010/BeliefsOfASocialScientist.pdf>

## SANCTUARY PAINTING PROJECT THANK YOU!

The Sanctuary painting project began with the selection of colors and design by the Aesthetics committee. The Building & Grounds work group began removing the furniture and laying down the tarps on June 13. Over the next couple of months 32 people assisted in the painting of the walls, applying polyurethane to the floor, widening the entrance to the Fireside Room, painting the design in the Chancel, opening windows on the west wall and doing the clean up.

The painting project was led by Jim Laughin and John Jennewein. The aesthetics committee includes Theresa Ullerich, Dorothy Paul-Petersen, Nancy Purington & Deb Schoelerman.

We would like to thank these wonderful volunteers for their time, effort and enthusiasm through the summer:

<b>Arnold Lindaman</b>	<b>Chris Taylor</b>
<b>Sue Eberly</b>	<b>Nancy Purington</b>
<b>Cliff Missen</b>	<b>Russ Lenth</b>
<b>Reon Kim</b>	<b>Mary McMurray</b>
<b>Dan Gall</b>	<b>Merle Ihne</b>
<b>Doug Wallace</b>	<b>Jeanette Carter</b>
<b>Theresa Ullerich</b>	<b>Jerry McDowell</b>
<b>Jerry Nordquist</b>	<b>Gay Mikelson</b>
<b>Diane Martin</b>	<b>Adam Tatro</b>
<b>John Hayek</b>	<b>Pat Hayek</b>
<b>Pete Brokaw</b>	<b>Brad McDowell</b>
<b>Dorothy Paul-Petersen</b>	<b>Gordon Strayer</b>
<b>Gail Garwood</b>	<b>Phil Beck</b>
<b>Lee Eberly</b>	<b>Gary Lawrenson</b>
<b>Rick Bradshaw</b>	<b>Kurt Hamann</b>

Because of these caring people, a bit of glue got added, a few cracks and blemishes are no longer visible, a few hinges shine and all the little details were attended to that no one will ever notice, but overall make a huge difference.

The Sanctuary was last painted 22 years ago, and we played one of the same music tapes that was played back then. This was a long, hot project. We're all grateful and are enjoying the results.

Lunch was provided for the workers twice by Jeanette Carter & Pat Hayek.

## KEEP YOUR DIRECTORY UP TO DATE!

Please note these member information changes in your UUSIC directory, thank you!  
Joan Benziger - 2005 31st Ave, Omaha NE 68131

John & Sandra Hudson - [johnsandrahudson@gmail.com](mailto:johnsandrahudson@gmail.com)

Linda Fisher - cell phone: (319) 930-2875

Christina Randall - [christinasrandall@gmail.com](mailto:christinasrandall@gmail.com)



Our **UNI-Care Master List** consists of all UUSIC members and friends who are willing to be on the email list. Unless I hear from you to the contrary, I will assume you are willing to be or remain on our UNI-Care List for the coming year or so. I use all or part of the **UNI-Care Master List** when I email requests for help with various UNI-Care goals (see examples below).

Being on the **UNI-Care Master List** only means you are willing to have me keep you on the mailing list when I send out requests. It does NOT imply you are always available. It does NOT imply you are willing to participate in every activity or on every occasion. You can indicate your willingness or availability at the time a particular request is sent out. Whether you are on the **Master List** or not, you may help us identify needs when you become aware of them. You may ALWAYS send a greeting to friends and members who might appreciate a word from you.

#### **Examples of UNI-Care's work:**

1. Send a **personal note or greeting card** to friends or members experiencing difficulties or changes of circumstance
2. Give someone a **ride** to the doctor
3. Prepare a **meal** for someone in need (e.g., an emergency, new parents, a surgery, etc.)
4. **Respite care** for a caregiver who might appreciate a break once in a while
5. Help with **Memorial Services & Receptions** (e.g., choose from several kinds of tasks: ushering, bring flowers, bring finger-foods/desserts/beverages, help set up tables etc in reception area, assist with serving, assist with clean up after receptions, etc.)
6. Help **deliver or pick up items** from our 'lending library of medical equipment'
7. Other kinds of **minor problem solving** within our range of talents and availabilities
8. Help **getting the word out** to the rest of the congregation that **UNI-Care is a UUSIC Resource**
9. Etc.

Thank you for your help with UNI-Care.

Gail McLure, UNI-Care Coordinator, [gailmclure@gmail.com](mailto:gailmclure@gmail.com), 351-9121, 1 Brickwood Knoll NE, Iowa City, IA 52240-9144

# January 2011

Unitarian Universalist Society of Iowa City

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 9:30a Sanct-Sunday Service 9:45a WB-RE#1	3	4 5:30p CH-Worthley Evenings	5 6:30p Rm#34-OWL 7:00p Lib-UU Buddhist Sangha	6 6:00p Lib-MSC Mtg 7:15p Fireside-Choir Practice	7	8
9 * 9:30a Sanct-Sunday Service 9:45a WB-RE#1 10:30a Lib-Parent Building Forum 10:45a Fireside-Visitor Q&A 11:15a Sanct-Sunday Service 11:30a WB-RE#2 5:30p Lib-Campus Ministry	10 7:00p Fireside-Social Justice Meeting 7:30p Lib-Book Discussion Group	11 5:00p Lib-Pastoral Care	12 6:30p Rm#34-OWL 6:30p Fireside-Diversity Meeting 7:00p Lib-UU Buddhist Sangha	13 7:00p Lib-UUSIC Board Meeting 7:15p Fireside-Choir Practice	14 12:00p Free Lunch	15
16 9:00a Lib-Membership Associates 9:30a Sanct-Sunday Service 9:45a WB-RE#1 11:15a Sanct-Sunday Service 11:30a WB-RE#2 5:30p CH-Campus Ministry	17	18 7:30p Fireside-Secular Humanists Meeting	19 6:30p Rm#34-OWL 7:00p Lib-UU Buddhist Sangha	20 6:00p Lib-MSC Mtg 7:15p Fireside-Choir Practice	21 6:00p CH-Guatemala Dinner	22 1:00p CH-Sr High Group
23 9:30a Sanct-Sunday Service 9:45a WB-RE#1 10:30a CH-Cinnamon Roll Sunday 11:00a CH-Congregational Meeting 5:30p CH-Campus Ministry	24	25	26 6:30p Rm#34-OWL 7:00p Lib-UU Buddhist Sangha	27 9:00a Lib-Newsletter Folding 6:00p Lib-MSC Mtg 7:15p Fireside-Choir Practice	28	29
30 9:30a Sanct-Sunday Service 9:45a WB-RE#1 11:00a Lib-Coming of Age RE 11:15a Sanct-Sunday Service 11:30a WB-RE#2 5:00p CH-Covenant Potluck 5:30p Lib-Campus Ministry	31					

## VOTING MEMBERS December 29, 2010

Dean Abel	Kerri Eness-Potter	Russ Lenth	Gerry Pearson	Connie Webb
Kurt Anstreicher	Lori Enloe	Lisa Lepic	Natalie Pearson	Mary Weideman
Alice Atkinson	Jim Ephgrave	Jackie Leung-Heras	Bonnie Penno	Elizabeth Weinberg
Kendall Atkinson	Kim Ephgrave	Doris Levsen	Mark Penno	Mary Lou Welter
Joe Barrash	Pat Ephgrave	Mary Levsen	Paul Pomrehn	Charles Whiteman
Kris Barrash	Ed Farkas	Arnold Lindaman	Judith Quinn	Claire Whiteman
Douglas Baynton	Linda Farkas	Michael Lindeen	John Raley	William Whiteman
Nathan Beattie	Sara Feldmann	Ruth Lindeen	Bruce Randall	Charlie Williams
Kara Beauchamp	Mike Fenneman	Marta Little	Christina Randall	Janice Williams
Barbara Beaumont	Linda Fisher	Ying Liu	Charles Read	Faith Wilmot
Philip Beck	Dawn Fitzpatrick	Jan Locher	Jean Reese	Kaye Winder
Daniel Benton	Karen Fox	Stephen Locher	Jacqueline Reger	Scott Wittenkeller
Celia Bingham	Dan Gall	Mary Losch	Margaret Richardson	Carol Wolfe
Dale Bingham	Meredith Gall	Nancy Lynch	Laura Rigal	Ed Wolfe
Mrs. F.C Blodi	Gail Garwood	Bill Lyons	Tom Rocklin	Rich Young
Amy Bly	William Gauger	Caryl Lyons	Mary Roth	Susan Kasal Young
Sharon Booker	Julie Hammer	Elaine Mahler	Rhonda Rowden	Mark Yuskis
Peg Bouska	Ellen Hampe	Keith Marshall	Charity Rowley	
Ann Bovbjerg	Barbara Haring	Lori Marshall	Mary Rubis	
Susan Boyd	Claudine Harris	Diane Martin	Susan Rubis	
Joe Brisben	Sally Hartman	J. David Martin	Susan Salterberg	
Pete Brokaw	Lisa Haverkamp	Karen Mason	Ricardo Sauro	256 Members
Joe Cannon	Mike Haverkamp	Marianne Mason	Naomi Schedl	
Lynne Cannon	John Hayek	Kathy Mathews	Deb Schoelerman	
Marjorie Cantor	Patricia Hayek	Kathy McDonald	Amy Schoon	
Jeanette Carter	Kathleen Henderson	Brad McDowell	Hazel Seaba	
Michael Cervantes	Diana Henry	Sandy McFarland	Jamie Sharp	
Lucy Choisser	Kathryn Henry	Gail T. McLure	Jennifer Sherer	
Sam Cochran	Al Hood	Laura McMahan	Rush Shortley	
Andy Coghill-	Jean Hood	Mary McMurray	Dick Siefers	
Behrends	Keri Hornbuckle	Tom McMurray	Vicki Siefers	
Will Coghill-Behrends	Peggy Houston	Carol McNamara	Ian Smith	
Cathy Cole	Jan Hubel	Virginia Melroy	Jeanne Smith	
Chris Coretsopoulos	Kenn Hubel	Gay Mikelson	Renee Speh	
Ron Crawford	Kathy Huedepohl	Tony Miller	Virginia Stamler	
Samantha Cumley	Lois Hughes	Cliff Missen	Laurie Stange	
Jo Cunningham	Lynne Ikach	Carol Moreno	Katy Stavreva	
David Curry	Brandi Janssen	Ed Moreno	Jill Stephenson	
Barbara Curtin	Marc Janssen	Kathy Mossman	Faye Strayer	
Martha Dahlin	John Jennewein	Larry Mossman	Gordon Strayer	
Christie Dancel	Marilyn Jennewein	Ruth Muir	Hilary Strayer	
Penny Davidsen	Charles Jennissen	Paul Myers-Verhage	Adam Tatro	
Charles Davidson	David Jepsen	Shelby Myers-Verhage	Christopher Taylor	
Debra DeLaet	Mary Jepsen	Mark NeuCollins	Al Thomas	
Jane DeWitt	Carolyn Johnson	Ryan NeuCollins	Betty Thomas	
Monique DiCarlo	Donna Johnson	Zabet NeuCollins	Peter Thorne	
Peggy Dietrich	Jessica Johnson	Carol Nordquist	Carol Throckmorton	
Rob Dietrich	Nicholas Johnson	Jerry Nordquist	David Tokuhisa	
Eleanor Dilkes	Susan Kaliszewski	Jim Norris	Judy Tokuhisa	
Ryan Downing	Miriam Kashia	Nancy Noyer	Theresa Ullerich	
Charles Eastham	Bill Kearney	Liz Noyes	Jane Van Voorhis	
Lee Eberly	Patricia Kelley	Kelly O'Berry	Tova Vitiello	
Susan Eberly	Verne Kelley	Alison Oliver	Peg Voelker	
Patricia Edberg	Reon Kim	Sue Otto	Terry Lynn Wahls	
Kay Eginton	Garry Klein	Cecile Owings	Zach Wahls	
William Eginton	Juanita Kosier	Ron Owings	Jeff Walberg	
Jonnifer Ellsworth	John Lanaghan	Maureen Patterson	Jean Walker	
John Elson	Barbara Laughlin	Dorothy Paul	Doug Wallace	
Irvin Emig	Jim W. Laughlin	Pete Paul-Petersen	Mary Kathryn Wallace	
Jason Eness-Potter	Gary Lawrenson	Dorothy Paul-Petersen	George Walton	

# Welcome Home Wednesdays

**Don't forget to sign up!** We need to know beforehand if you are interested in dinner, a class, and/or child care, so we can make appropriate arrangements. There are several ways to sign up for meals: at the Welcome Home Wednesday table in Channing Hall, by calling the church office at (319) 337-3443 by Monday noon, or by e-mail: <admin@uusic.org>. The cost is \$6.50 for adults, \$4.00 for children 10 and under. Please specify if you would like a vegetarian or meat meal. Meal cancellations should be made by calling the church office by Monday at noon.

To sign up for classes, please pre-register on the form included in this brochure. Unless otherwise specified, registration for classes is \$15. Childcare is \$2 per child or \$10 for all sessions.

*Welcome Home Wednesday's Planning Team* — Linda Rice-Chair, Wendy Brown, Lucy Choisser, Lois Cole, Gail Garwood, Mary Jepsen, Caryl Lyons, Bruce Randall, Tony Razavi, Carol Throckmorton, and Lisa Stover

Winter 2011

## Welcome Home Wednesdays

UUSIC Wednesday Evening Programs  
For Adults and Young People

*Weekly Schedule*

<b>Feb. 2</b> Supper: Chicken or Squash Curry Midweek Worship Drum Circle Constructing Your Religious Meaning System Food as Medicine Immigration: a Community Explores Science and Religion Yoga Dance	<b>Feb. 23</b> Supper: Chicken or Broccoli Fettuccine Alfredo Midweek Worship Constructing Your Religious Meaning System Food as Medicine Immigration: a Community Explores Science and Religion Yoga Dance
<b>Feb. 9</b> Supper: Beef or Veggie Chili Midweek Worship Constructing Your Religious Meaning System Food as Medicine Immigration: a Community Explores Science and Religion Yoga Dance	<b>March 2</b> Supper: Oven Baked Ziti Midweek Worship Drum Circle Constructing Your Religious Meaning System Food as Medicine Immigration: a Community Explores Science and Religion Yoga Dance
<b>Feb. 16</b> Supper: Roast Pork or Tofu with Veggies Midweek Worship Constructing Your Religious Meaning System Food as Medicine Immigration: a Community Explores Science and Religion Yoga Dance	<b>March 9</b> Supper: Chinese Chicken or Tofu with Veggies over Rice Midweek Worship Constructing Your Religious Meaning System Food as Medicine Immigration: a Community Explores Science and Religion Yoga Dance

# Welcome Home Wednesdays

The Unitarian Universalist Society of Iowa City's Welcome Home Wednesdays February 2 — March 9, is a time for all ages to create community and nurture spiritual and intellectual growth. Come take a midweek break and enjoy a tasty meal, good conversation with family and friends, new and old, a moment of inspiration and reflection at the evening service, and an engaging class or discussion group. All programs will be held at the Unitarian Universalist Society, 10 South Gilbert St., Iowa City. Here is how a Welcome Home Wednesday evening looks.

- \* **Supper** is served from **5:45 to 6:30** with a savory simple meal (see menu on front page). If your diet does not agree with the menu, you are welcome to bring a brown bag meal. The cost is \$6.50 for adults, \$4.00 for children 10 and under. To help us in meal preparations, we ask that you **RSVP to the Society office on Monday by noon**. Meal cancellations should also be made on Monday by noon.
- \* **Midweek Worship** for all ages begins at 6:30 in the Sanctuary with a brief service of story and song.
- \* **Adult Education Classes** begin at 7:00 and run until 8:30. The registration fee is \$15 for classes. If you are interested in several classes that allow drop-ins, you may register for an additional class at no cost. Scholarships and partial scholarships are available.
- \* **Creative Activities for young people** Young people will engage in creative activities, crafts, games and story time from 7:00—8:30. They are encouraged to attend Midweek Worship at 6:30.
- \* **Childcare is provided every evening!** The church's RE childcare providers will be on hand from 6:30 to 8:30 for children four and under. We will use pre-registration to ensure that enough child care providers are on hand. You must sign up for child care by noon on Monday to insure a place. Registration fees for children's classes and childcare are \$2 per evening or \$10 for 6 sessions.

**Please sign up!** We need to know beforehand if you are interested in dinner, a class, and/or child care, so we can make appropriate arrangements. You can sign up on Sunday mornings in Channing Hall, by calling the church office at (319) 337-3443 by Monday noon, or by e-mail: <admin@uusic.org>. If you sign up for a meal but have a change of plans, please call the church office by Monday noon to cancel. To sign up for classes, please pre-register on the form included in this brochure.

## Constructing Your Personal Religious Meaning System

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
 Registration required. 7:00 - 8:30 p.m.  
 Led by David Jepsen and Rob Dietrich

The purposes of the class are for participants:  
 (a) to explore their unique religious pilgrimages and spiritual odysseys and  
 (b) to construct their personal religious meaning system based on life experience.

Leader-learners, Rob and David, bring materials and exercises and strive to create a forum where participants express and listen with respect. Each participant will be

encouraged to share in writing and orally his or her own contemporary religious meaning system.

Topics for the six sessions are:

- Your Own Spiritual Odyssey: Turning Points?
- Truth and Authority: Can We Get Along Without God?
- Sacred and Secular: Compatible or Incompatible?
- Saints and Sinners: How Do We Tell the Difference?
- Joys and Sorrows: Life's Potential and Absurdity.
- Wrap-up: Participants Share a Personal Meaning Statement.

## Immigration: a Community Explores

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
 Registration required. 7:00 - 8:30 p.m.  
 Led by Sally Hartman, Deb Schoelerman, and Vicki Sierfers

Join UUSIC members in learning more about the issues surrounding immigration to the United State. Topics will include undocumented workers in Iowa, the Postville raid, becoming a Sanctuary City, discussion of the Dream Act, and discussing our role as a religious community in Iowa City.

We will also read *The Death of Josseline*, by Margaret Regan, a book being promoted by the UUA is promoting a common read. The book, based on immigration stories from the Arizona- Mexico Borderlands, contains stories of immigrants, activists, human rights workers, and border patrol. It explores ethical, moral, and spiritual issues rather than political or policy debates. As we read this book, we will be discussing the issues raised in the book and how they relate to Iowans.

The books will be available at the social action table. There will be guided discussion of immigration issues as they relate to the stories.

## Yoga Dance

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
 Registration required. 7:00 - 8:30 p.m.  
 Led by Kathy Moon

YogaDance is a practice of meditation-in-motion that is both playful and profound. We begin with gentle yoga postures, then transition into more lively guided movements, and finally end with a deep relaxation. The practice is accompanied by an energizing mix of music from around the globe. You may arrive tired, but you will leave feeling inspired.

No prior yoga or dance experience needed. Please wear comfortable layered clothing that allows you to move freely, and bring a water bottle.

## Drum Circle, Feb. 2, March 2

Cliff Missen and the Yahoo Drummers

Whether it's a cow bell, a Native American prayer drum, a Latin conga, or an African shekere, there's room for your song at the Iowa City Drum Circle. Drum Circle meets the first Wednesday of every month from 7pm to 10pm. No experience is necessary.

## Science and Religion

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
 Registration required. 7:00 - 8:30 p.m.  
 Led by Lee and Sue Eberly

Join us as we explore the complex relationship between science and religion, and the ways in which their interaction has shaped Western civilization. Each class will begin with a lecture (on DVD) from "Science and Religion," a Teaching Company course taught by L.M. Principe of Johns Hopkins University. Then we will discuss such topics as faith and reason; Copernicus, Galileo and the church; natural theology and arguments from design; cosmology, geology, evolution, and creationism. Participants will need to purchase a \$5 discussion guide.

Class coordinators will be Lee and Sue Eberly; discussion facilitators will include Ann Bovbjerg, Jeanette Carter, Brad McDowall, and Faye Strayer

## Food as Medicine: How to Make the Wonderful Wahls Way Foods

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
 Registration required. 7:00 - 8:30 p.m.  
 Led by Terry Wahls

Would you like to have more energy, more vitality and more joy in your days? The latest research shows that it is the food we eat and the amount of toxins in our bodies that account for 70 to 90% of the health (or lack thereof) we have. You'd like to eat the way Terry does, but don't know how to plan the menus or make the food. This class is all about implementation. She'll teach you how to make the foods that are packed with the vitamins, minerals, essential fatty acids and nutrients that your cells need to thrive.

Each class is devoted to learning how easy it is to prepare meals that maximize your vitamin, mineral and essential fatty acid intake. You will sample and learn how to make kale chips, kale salad, green smoothies, Detox smoothies, bone broth, black kale soup. You'll also get a week's worth of menu ideas.

Class attendees will have an opportunity to participate in research about the impact of the Wahls Diet on health. Attendees are to bring a bunch of kale or collards to the first class.



# Welcome Home Wednesdays Registration Feb. 2 — March 9

Mail to: UUSIC  
10 South Gilbert St.  
Iowa City IA 52240-3913

**Registration is required for all classes, children's programming and childcare**

Name/s: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Course/s selected: \_\_\_\_\_

Children's Programming \_\_\_\_\_

Childcare \_\_\_\_\_

(please print children's names and dates they will attend)

**PLEASE CHECK ONE: Fee/s for registration, children's programming, childcare enclosed/attached \_\_\_\_\_ scholarship requested \_\_\_\_\_ Payment must be made at time of registration. Please enclose a \$15 registration fee for each class (the fee covers 6 class sessions); for childcare and children's programming, enclose \$2 per night (or \$10 for six sessions). If you wish to register for more than one class, you may register at no additional cost. For those in financial need, you may request a scholarship from the Society Office (337-3443), or [admin@uusic.org](mailto:admin@uusic.org).**

## **Constructing Your Personal Religious Meaning System**

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
7:00—8:30 p.m. Led by David Jepsen and Rob Dietrich

## **Food as Medicine**

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
7:00—8:30 p.m. Led by Terry Wahls

## **Immigration: a Community Explores**

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
7:00—8:30 p.m. Led by Sally Hartman, Deb Schoelerman, and Vicki Siefers

## **Science and Religion**

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
7:00—8:30 p.m. Led by Lee and Sue Eberly

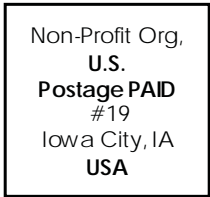
## **Yoga Dance**

6 Sessions: Feb. 2, 9, 16, 23, March 2, 9  
7:00—8:30 p.m. Led by Kathy Moon

Please send your registration form to the Society office. Your registration holds a place in the class and will make our planning more successful. Also, be sure to sign up for the meal each week on Sundays in Channing Hall or Society office. Meal rsvps or cancellations are needed by Monday at noon in the office.

# The UU News

The Unitarian Universalist Society of Iowa City  
10 South Gilbert at Iowa Avenue  
Iowa City, IA 52240



Address Service Requested

Address Service Requested

Dated material, please deliver promptly!

If you do not wish to continue receiving this newsletter please check here \_\_\_ and return.

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## UUSIC Board of Directors, 2010-2011

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rvlenth@mchsi.com

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sue-otto@uiowa.edu

**Past President:** Arnold Lindaman.....248-1986  
alindaman@mchsi.com

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**Trustee:** Lisa Kieffer-Haverkamp.....337-7180

**Trustee:** Susan Kasal Young.....339-8448

**Trustee:** Steve Locher.....354-6260

## Office Hours

Tues.-Friday 10:00 AM—4:00 PM  
**10 S. Gilbert St. Iowa City, IA 52240**  
**Office Phone:** 319-337-3443  
**Website:** www.uusic.org

## UUSIC Staff

**Interim Minister** - Rev. Benjamin Maucere  
Office Hours: 10:00 - 3:00 Tuesday thru Thursday  
Office Phone: 319-337-3443 ext. 102  
Email: minister@uusic.org

**Director of Religious Education** - Lois Cole  
Office Hours: 11:00 - 4:00 Tuesday thru Thursday  
Office Phone: 319-337-3443 ext. 103  
Email: education@uusic.org

**Office Administrator** - Tyler Hanft  
Office Phone: 319-337-3443 ext. 101  
Email: admin@uusic.org

**Music Director** - Barbara Buddin  
Email: choir@uusic.org

**Organist/Pianist** - Joseph McKinley  
Email: organist@uusic.org